Ages: 2-3

But why a hat?

1.5 min



What to do:

1. State a simple fact: "We're putting on a hat."
2. Ask: "But why?"
3. Whatever the answer - ask "But why?" again. Go 3-4 steps deep (warm → cold → winter…).
4. At the last step, it's fine to pause: "What a great question - let's think about it tonight."

Try this too:

Switch roles: let your child ask "why," and you give the answers.

Adaptation

- **Too hard** - keep it to one step ("why? - so your ears stay warm").
- **Too easy** - stretch the chain further, towards seasons and weather.

When you revisit after a month:

"We have a game called 'but why?' Today it's your turn to ask - about anything you like!"

What we practised:

"The 'why' phase isn't stubbornness - it's a child actively building a model of the world. Your 'I don't know, let's figure it out together' works better than a ready-made answer: it keeps the door open."