Ages: 9-11

Backward from the goal

5 min



What to do:

1. "Imagine you want to learn to draw so well that everyone admires it. That's your goal. And what has to happen BEFORE that?" (learn to mix colors).
2. And before that? (buy paints, understand how they work).
3. And before that? (choose which paints, watch videos by masters).
4. You get a path backward - from the goal to your now.

Try this too:

"And what if the goal were - to become the kindest person in your school. What steps backward from that goal?"

On repeat in 3 months:

"Remember how we worked backward from the goal „to draw”? Today - pick YOUR OWN goal and tell me the steps backward from it."

What we practised:

"The „working backward method” is the main planning tool. Big projects are done this way - you imagine the end, then unwind it backward. It gives clarity about the steps."