Ages: 9-11

A plan with a backup

4 min



What to do:

1. Choose a real event this week-a performance, an outing or a meeting. Name the people needed for it.
2. Make plans for one person not turning up: a substitute, combining roles or changing the format.
3. Choose the most resilient plan and explain what it preserves and what you would have to give up.

Try this too:

What changes if you do not know in advance who will be absent?

Adjustments

- **Too hard** - Make one backup plan instead of several.
- **Too easy** - Add a second "what if": two people do not turn up.

Try again in a month:

"Next time, make a backup plan for a different event."

Skills practised:

"Your child thinks of an alternative before something goes wrong. A backup plan turns a disaster into an inconvenience, and that can affect how they respond when events do not go to plan."