Ages: 12-14

Argue With Me: Social Media

7 min



What to do:

1. State a position: *"Social media does more harm than good. Challenge me - give me your strongest arguments against it."*
2. Listen, push back, and demand facts and examples - not vague generalisations.
3. Then switch: *"Now defend my position as if you agree with it."* Finish with: *"Which argument - from either side - was the most powerful, and why?"*

Try this too:

"Where exactly is the line between 'helpful' and 'harmful' - is it in social media itself, or in the way people use it?"

Adaptation

- **Harder** - stick to one side and work through three arguments in depth.
- **Easier** - run a full debate with a role swap and a final review together.

When you revisit in 3 months:

"We once argued about social media. Here's a new statement: 'School grades do more harm than good.' Break down both sides and find the strongest argument."

What we practised:

"Being able to defend a position you personally disagree with is a sign of strong thinking. It breaks down black-and-white reasoning and makes a teenager more resistant to manipulation - they learn to see how an argument is built, not just what conclusion it reaches."