Ages: 2-3

Where do you want to go tomorrow?

1.5 min



Tip for the parent: Offer 2 simple, realistic options for tomorrow. Not an open question (it's too abstract) - but a choice.

Main question (from the parent): «Tomorrow shall we go for a walk in the park or to grandma's?»

Listen: Any choice is an answer. If they answered - it's their wish, and you need to take it into account.

REALLY ACT ON THE ANSWER:

Did the child choose "grandma's"? Then we really do go to grandma's (at least for an hour). If grandma is busy / away - explain HONESTLY and make a plan: «Grandma is away today. Let's go see her on Saturday, okay?» Don't brush it off with "yeah, yeah, we'll see" - at this age the child is forming a sense that "my opinion is taken into account," and empty promises break it fast.

If they open up: «And what will we do there? Go on the slide, or play with Rex the dog?»

What we practised:

«For a 2-year-old, the question "what do you want" is the first step toward feeling "I'm part of the family." Every time their answer INFLUENCES the day's plan, they learn: my opinion is real. This is a priceless foundation of independence.»