Ages: 6-8

What would you like to learn?

4 min



Main question: «If you could learn something new - what would you want it to be? It could be something simple - for example, skipping rope, or building a particular Lego set, or drawing a dog.»

If they don't know: Help with specific examples from their recent interests.

REALLY ACT ON THE ANSWER:

Did they say "skipping rope"? On the weekend, buy a skipping rope together and give it a try. If it can't be right away - talk through a plan: «We'll buy the rope on Wednesday, we'll try it together on Friday, okay?» The key - the child sees that their "I want to learn" leads to a REAL step. This turns a dream into a project.

If they open up: «And why do you want this? What do you like about it?»

What we practised:

«At 6-8 years old a child can name their OWN goal for the first time. When the parent helps them actually move toward it (even through something as simple as buying a skipping rope) - they build the skill "I can want something and achieve it." This is a huge shift away from passive consumption.»