Ages: 6-8

When you needed courage

4 min



Main question: "When did you need courage today?"

Short answer?: "Answering in front of the class? Going up to someone? Owning up to something?"

Sharing more?: "And what helped you go through with it?"

Skills practised:

"Courage isn't the absence of fear but acting despite it, and that's worth saying out loud. A child who has noticed their own brave moment leans on their own experience the next time."