Ages: 9-11

What are you looking forward to - this week or beyond?

4 min



Main question: «If you look ahead - what good things are waiting for you? This week, next week, over the holidays? Maybe a personal goal - to learn something?»

If one word: «And what's needed to make it happen? Do you need my help?»

REALLY ACT ON THE ANSWER:

If the child named something - it's their project. Help with at least the first step. Wants to learn guitar? Find a guitar with friends, watch a lesson on YouTube together. Don't brush it off with "Good job, go for it" - that kills initiative. Take a small step TOGETHER toward their goal within the week.

If they open up: «And what do you want from me in this? For me to help, or just to know?»

What we practised:

«At 9-11 years old personal goals become a real engine of development. When the parent helps with the first step (rather than lecturing on "how it should be done") - they preserve the child's authorship while opening the door.»