Ages: 9-11

What did you understand today?

4 min



Main question: «Was there something today that you understood ABOUT THE WORLD? Or about YOURSELF? Some new understanding, maybe a small one.»

If one word: «And what led you to it? What happened?»

If they open up: «Does this understanding change anything? Will you do things differently?»

What we practised:

«"Understanding" at 9-11 years old is no longer just a fact, but an insight. When a child learns to capture them - they start to live with awareness. This is an entry into adult thinking.»