Ages: 12-14

What's scarier - the mistake or being seen



6 min

Main question: "What's scarier - the mistake itself, or other people seeing it?"

Short answer?: "And what does it depend on?"

Sharing more?: Tell them about one of yours - no moral, no conclusion at the end.

Skills practised:

"At this age, the brain is especially sensitive to acceptance and rejection - shame in front of others really is stronger than the fear of being wrong. The question says out loud what the teenager feels anyway."